

Simple ways to reflect the best of yourself to your baby.

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Freshman

ALLO,
MAMA!



Jim Esposito Photography LLC

First...

most of the first year of your baby's life, you are completely in charge of his environment.



Second...

let him use as many senses as possible while you tell him about his world.



Third...

babies are always "recording" others' words and actions

Heyyyy.. I am here!
And I am learning
from whatever you
are doing/ saying.



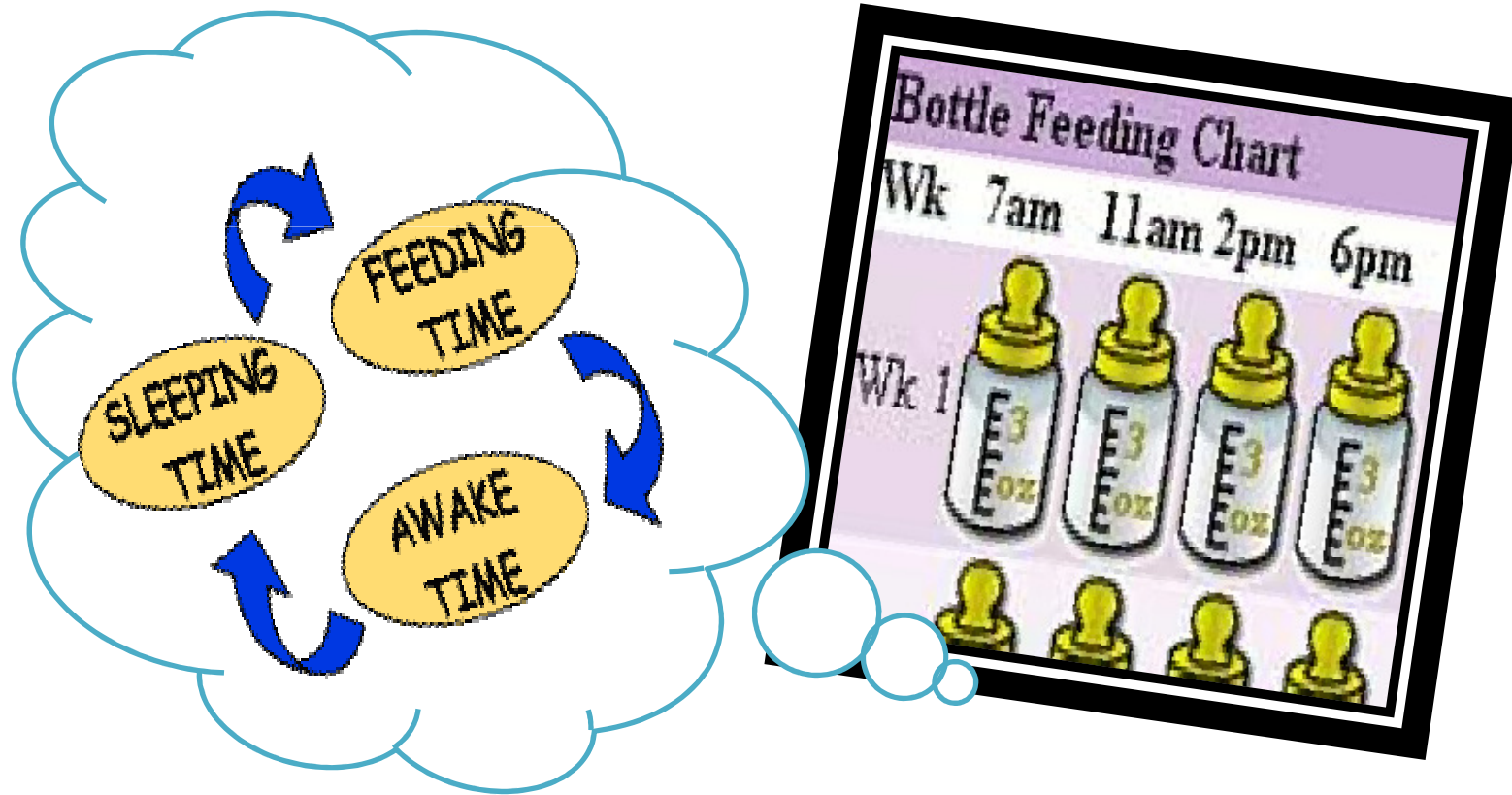
Forth...

learn your baby's cues and response to them.



Also...

use [routines](#) to direct your baby.



Finally...

“let your baby explore!”



Reference, Q&A

- <http://www.secretsofbabybehavior.com/search?updated-min=2009-01-01T00%3A00%3A00-08%3A00&updated-max=2010-01-01T00%3A00%3A00-08%3A00&max-results=50> (UC Davis Human Lactation Center)

--- Secrets of baby behavior ---

- <http://www.wenatcheeworld.com/news/2011/jan/28/researcher-shares-secrets-of-baby-behavior/>
(The wenatchee world)

Hope you enjoy my presentation, thank you!